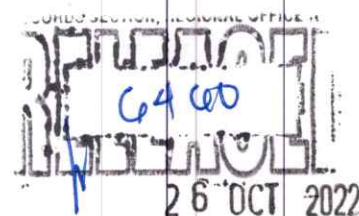




Republic of the Philippines  
**Department of Education**  
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA



Office of the Regional Director

**ADVISORY NO. 171 2022**

October 26, 2022

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO No. 28, s. 2001 but only for the information of  
DepEd officials, personnel/staff, as well as the concerned public.  
(Visit [www.depedro9.info](http://www.depedro9.info))

**POSTPONEMENT OF THE CONDUCT OF HYBRID SEMINAR ON HEALTHY  
AGING AND RETIREMENT TRANSITION (HEART)**

Be advised of the postponement and new schedule of the hybrid seminar for retiring  
employees titled, "Healthy Aging and Retirement Transition (HEART)" originally scheduled  
on October 25-27, 2022 and moved to **November 15-17, 2022**.

For reference and guidance, please see Memorandum DM-OUHROD-2022-0126 and  
Advisory No. 163, s. 2022, dated October 6, 2022.

For your information.

Encl.: as stated.  
HRDD-RA-2022-001  
MRA/rla



**Address:** President Corazon C. Aquino Regional Government  
Center, Balintawak, Pagadian City 7016  
**Website:** [www.depedro9.net](http://www.depedro9.net); [www.ro9-deped.com](http://www.ro9-deped.com)  
**Email:** [region9@deped.gov.ph](mailto:region9@deped.gov.ph)



CERTIFICATE NO.  
CP000499Q



Republic of the Philippines  
**Department of Education**  
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA



Office of the Regional Director

**ADVISORY NO. 163 2022**

October 6, 2022

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO No. 28, s. 2001 but only for the  
information of DepEd officials, personnel/staff, as well as the concerned public.  
(Visit [www.depedro9.info](http://www.depedro9.info))

**CONDUCT OF HYBRID SEMINAR FOR RETIRING EMPLOYEES TITLED,  
"HEALTHY AGING AND RETIREMENT TRANSITION (HeART)"**

Be informed of Memorandum DM-OUHROD-2022-0126, dated October 3, 2022, from  
the Bureau of Human Resource and Organizational Development- Employee Welfare  
Division on the conduct of a holistic wellness and pre-retirement seminar for all DepEd  
senior citizen employees and prospective retirees titled, **"HEALTHY AGING AND  
RETIREMENT TRANSITION (HeART)"** on October 25-27, 2022.

DepEd Field Offices employees aged 55-58 years old may participate in this online  
and may confirm their attendance through [bit.ly/Reg HEARTonline](https://bit.ly/RegHEARTonline).

Please see the attached Memorandum for the details of the activity.

For dissemination and guidance.

Encl.: as stated.  
HRDD-RA-2022-001  
MRA/rla





Republic of the Philippines  
**Department of Education**

**BUREAU OF HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT**

**OFFICE OF THE DIRECTOR**

October 14, 2022

**ADVISORY**

Due to management direction, administrative, and logistical concerns, the **“Healthy Aging and Retirement Transition (HEART)”** activity of the Bureau of Human Resource and Organizational Development-Employee Welfare Division (BHROD-EWD) will be moved from 25-27 October 2022 to **15-17 November 2022**.

Furthermore, for the face-to-face participants, a separate advisory for the final venue within Calamba, Laguna will be released. Similarly, the webinar link will be emailed to all registered participants a day before the activity.

Should you have immediate clarifications and concerns, kindly contact Ms. Marge Latosa of BHROD-EWD via phone number at (02) 8633-7229 or via email at [margery.latosa@deped.gov.ph](mailto:margery.latosa@deped.gov.ph).

Thank you.

  
**ATTY. ANNE RACHEL C. MIGUEL**  
Director IV  
Bureau of Human Resource and  
Organizational Development

[EWD/Latosa]



Republika ng Pilipinas

## Department of Education

### OFFICE OF THE UNDERSECRETARY

HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,  
TEACHER EDUCATION COUNCIL SECRETARIAT, AND  
DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

#### MEMORANDUM DM-OUHROD-2022-0126

TO : Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Division Chiefs  
Heads of Schools  
All Others Concerned

FROM :  **GLORIA JUMAMIL-MERCADO**  
Undersecretary for Human Resource and Organizational Development,  
National Educators Academy of the Philippines,  
Teacher Education Council Secretariat, and  
DepEd Employees' Associations Coordinating Office

SUBJECT : **Conduct of Hybrid Seminar for Retiring Employees entitled, "Healthy Aging and Retirement Transition (HeART)"**

DATE : October 03, 2022

Pursuant to Memorandum Circular No. 23, s. 1993 of the Civil Service Commission - enjoining all government agencies to adopt a pre-retirement seminar for their respective officials and employees, and in compliance to Republic Act No. 9994, Rule V, *Expanded Senior Citizens Act of 2010* - an act granting additional benefits and privileges to senior citizens, the Department of Education (DepEd), through the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHROD-EWD), will conduct a holistic wellness and pre-retirement seminar for all DepEd senior citizen employees and prospective retirees entitled "**Healthy Aging and Retirement Transition (HeART)**" on **October 25-27, 2022**, exclusive of travel time, in Laguna (exact venue to be announced on a later date).

The activity shall help the participants to prepare physically, psychologically, socially, and financially for "life after DepEd." The seminar aims to equip senior citizen employees and prospective retirees with additional knowledge and skills to enhance their capabilities in activities that can be useful for them on their senior years and/or after retirement.

Below are the expected participants for the aforementioned activity:

- **Face-to-face seminar** - DepEd Central Office (CO) regular employees between 55 and 58 years old are encouraged to attend this seminar. Kindly fill out the registration/confirmation slip through this link - [bit.ly/Reg HEART2022](https://bit.ly/Reg_HEART2022).
- **Online** - DepEd field offices employees ages 55 to 58 years old. Please fill out the registration form to confirm your attendance through this link - [bit.ly/Reg HEARTonline](https://bit.ly/Reg_HEARTonline).

The following are the administrative guidelines:

- Following the health and safety protocols, slots for the face-to-face seminar are limited to fifty-five (55) persons. **Only the first fifty-five (55) CO personnel who are able to register** through the link will be accommodated. However, those who are unable to secure a slot, may join through the online platform. Details of which shall be provided.
- Face-to-face participants are requested to be in the venue on Day 0 (October 24). First meal to be served is PM snacks and the last meal to be served is Lunch on Day 4 (October 28).
- Expenses to be incurred shall be charged to the 2022 CO-OPDNTP budget subject to the usual accounting and auditing rules and regulations.
- Expenses shall include travel expenses and board and lodging of the face-to-face participants and secretariat, supplies, training kits, materials, honoraria for resource speakers, communications, and contingency.

Should you have immediate queries or concerns, please contact Ms. Marge Latosa of BHROD-EWD via telephone and mobile number at (02)8633-7229 and +63906-3413364 or via email at [margery.latosa@deped.gov.ph](mailto:margery.latosa@deped.gov.ph).

Immediate dissemination of this Memorandum is desired.

ACTIVITY SCHEDULE:

| TIME              | DAY 0                                                                       | DAY 1                                                                               | DAY 2                                                                     | DAY 3                               | DAY 4                            |
|-------------------|-----------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------|----------------------------------|
| MORNING SESSION   |                                                                             |                                                                                     |                                                                           |                                     |                                  |
| 8:00-8:15         |                                                                             | Attendance                                                                          | Attendance                                                                | Ice Breaker                         |                                  |
|                   |                                                                             | Preliminaries<br>-National Anthem<br>-Opening Prayer                                | Ice Breaker                                                               |                                     |                                  |
| 8:15-9:00         |                                                                             | Welcome Message<br>Opening<br>Message/Introduction                                  | Session 5:<br>Financial<br>Wellness<br>-Retirement<br>Fund                | Practicum                           |                                  |
|                   | Ice Breaker: GTKY<br>Expectation Setting                                    |                                                                                     |                                                                           |                                     |                                  |
| 9:00-10:00        | Check in<br>Secretariat<br><br>First Meal of<br>Secretariat:<br>AM Snacks   | Session 1 and 2:<br>Physical Wellness<br>-Physical Fitness<br>-Health and Nutrition |                                                                           |                                     |                                  |
| 10:00-11:00       |                                                                             |                                                                                     |                                                                           |                                     |                                  |
| 11:00-12:00       |                                                                             |                                                                                     | Session 6:<br>Occupational<br>Wellness<br>-DepEd<br>Retirement<br>Process |                                     | Check Out<br>Last Meal:<br>Lunch |
| AFTERNOON SESSION |                                                                             |                                                                                     |                                                                           |                                     |                                  |
| 1:00-1:15         |                                                                             | Ice Breaker                                                                         | Ice Breaker                                                               | Ice Breaker                         |                                  |
| 1:15-2:00         |                                                                             | Session 3:<br>Occupational<br>Wellness<br>-Senior Citizen<br>Benefits               | Session 5:<br>GSIS Benefits                                               | Session 6:<br>Spiritual<br>Wellness |                                  |
| 2:00-3:00         |                                                                             | Session 4:<br>Emotional Wellness                                                    |                                                                           |                                     |                                  |
| 3:00-3:15         | Check in<br>participants<br><br>First Meal of<br>Participants:<br>PM Snacks |                                                                                     |                                                                           | Closing<br>Program                  |                                  |
| 3:15-4:00         |                                                                             |                                                                                     |                                                                           |                                     |                                  |
| 4:00-5:00         |                                                                             | Reminders<br>End of Day 1                                                           | Reminders<br>End of Day 2                                                 |                                     |                                  |