



Republic of the Philippines
Department of Education
REGIONAL OFFICE IX, ZAMBOANGA PENINSULA



Office of the Regional Director

ADVISORY NO. 19 2022
November 3, 2022

In compliance with DepEd order (DO) No. 8, s. 2013 this advisory is issued not for endorsement per DO No. 28, s. 2001 but only for the information of DepEd officials, personnel/staff, as well as the concerned public.
(Visit www.depedro9.info)

WRESTLING AND GRAPPLING NATIONAL OPEN
November 25 - 28, 2022 at the City of Santa Rosa
Province of Laguna Multi - Purpose Sports Complex

Interested may contact at 0927-6813685 or email at tumasischoy@gmail.com for Wrestling event and for Grappling you may contact at 0967-3410791 or email at deftacmarikina@gmail.com

For inquiries, you may reach Education Supervisor, Mario Shoji N. Romarate through: shoji.romarate@deped.gov.ph

Attached is the letter and technical guidelines for reference.

Immediate dissemination of this Advisory is desired.

ORD CLMD - RA - 2022 - 015
EBP/msnr



Address: President Corazon C. Aquino Regional Government Center, Balintawak, Pagadian City 7016
Website: www.depedro9.net; www.ro9-deped.com
Email: region9@deped.gov.ph



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CERTIFICATE NO.
CP000499Q



WRESTLING ASSOCIATION OF THE PHILIPPINES



National Wrestling Gym, 3rd floor, SMAP Bldg., Rizal Memorial Sports Complex, Manila

23 October 2022

**TO: DR. RUTH L. FUENTES, CESO IV
REGIONAL DIRECTOR IN REGION IX**

Subject: Invitation Letter for Last Quarter for Wrestling National Open

Dear Ma'am,

Greetings from the Wrestling Association of the Philippines!

First of all, we would like to Thank you in advanced for supporting our Filipino Athletes. In connection with this, will be an upcoming last quarter Wrestling and Grappling National Open that will be held on November 25, 2022 up to November 28, 2022 at the City of Santa Rosa, Province of Laguna multi – purpose sports complex.

May we cordially invite you and your proud wrestlers for this upcoming event.

This will be a great opportunity to celebrate your wrestler's displaying of camaraderie, sportsmanship, courage, discipline and the strength of that you can be truly be proud of.

For more details you may reach us at 0927-6813685 or email us tumasischoy@gmail.com for Wrestling event and for Grappling you may reach us at 0967-3410791 or email us deftacmarikina@gmail.com.

Thank you and we are looking forward to your delegates taking part in this national open.

Sincerely,

**Alvin Aguilar
President
Wrestling Association of the Philippines**



WRESTLING ASSOCIATION OF THE PHILIPPINES



National Wrestling Gym, 3rd floor, SMAP Bldg., Rizal Memorial Sports Complex, Manila

Technical Guidelines for WRESTLING

- **The Wrestling portion of the event shall showcase Freestyle, Greco – Roman and Freestyle Women’s open to all from to kids Division and onwards.**

- **Events per Group**

We shall have a Seven (7) age groups for the wrestling event. There are:

1. Kids 1 (7- 8 years old)
2. Kids 2 (9-11 years old)
3. Kids 3 (12-13 years old)
4. U15 (14-15 years old)
5. U17 (16-17 years old)
6. Junior (18-20 years old)
7. Senior (21 years old -upward)

- **Weight Division**

The weight division for the following Age group.

- **KIDS 1 (7 – 8 years old) and KIDS 2 (9-11 years old)**

Boys

1. 26kg
2. 29kg
3. 32kg
4. 35kg
5. 38kg
6. 42kg
7. 53kg
8. 59kg
9. 66kg

Girls

- 1.26kg
- 2.28kg
- 3.30kg
- 4.32kg
- 5.34kg
- 6.37kg
- 7.44kg
- 8.48kg
- 9.52kg

○ KIDS 3 (12-13 years old)

BOYS

1. 26kg
2. 29kg
3. 32kg
4. 35kg
5. 38kg
6. 47kg
7. 53kg
8. 59kg
9. 66kg

GIRLS

1. 26kg
2. 28kg
3. 30kg
4. 32kg
5. 34kg
6. 40kg
7. 44kg
8. 48kg
9. 52kg

○ U15 (14-15years old)

BOYS

1. 34-38kg
2. 41kg
3. 44kg
4. 48kg
5. 52kg
6. 57kg
7. 62kg
8. 68kg
9. 75kg
10. 85kg

GIRLS

1. 29-33kg
2. 36kg
3. 39kg
4. 42kg
5. 46kg
6. 50kg
7. 54kg
8. 58kg
9. 62kg
10. 66kg

○ U17 (16-17years old)

BOYS

1. 41-45kg
2. 48kg
3. 51kg
4. 55kg
5. 60kg
6. 65kg
7. 71kg
8. 80kg

GIRLS

1. 36-40kg
2. 43kg
3. 46kg
4. 49kg
5. 53kg
6. 57kg
7. 61kg
8. 65kg

9. 92kg
10. 110kg

9. 69kg
10. 73kg

○ JUNIOR AND SENIOR- FREESTYLE AND GRECO – ROMAN

FREESTYLE

1. 57kg
2. 61kg
3. 65kg
4. 70kg
5. 74kg
6. 79kg
7. 86kg
8. 92kg
9. 97kg
10. 125kg

GRECO -ROMAN

1. 55kg
2. 60kg
3. 63kg
4. 67kg
5. 72kg
6. 77kg
7. 82kg
8. 87kg
9. 97kg
10. 130kg

○ JUNIOR AND SENIOR - WOMEN'S FREESTYLE

1. 50kg
2. 53kg
3. 55kg
4. 57kg
5. 59kg
6. 62kg
7. 65kg
8. 68kg
9. 72kg
10. 76kg



WRESTLING ASSOCIATION OF THE PHILIPPINES



National Wrestling Gym, 3rd floor, SMAP Bldg., Rizal Memorial Sports Complex, Manila

WRESTLING GUIDELINES

- **Venue, Schedule, and Competition fee**

The venue will be at Multi – Purpose Sports Complex, 8463 QCF, Leon Arcilla Boulevard, Santa Rosa City, Province of Laguna at the event proper shall be held on **November 25 to November 28, 2022.**

Arrival and Departure will be on

November 25, 2022 – Arrival of Participants

November 28, 2022- Departure of Participant

Technical Meeting and Draw lots will be on

November 25, 2022 – 3PM at Multi – Purpose Sports Complex

The weigh- ins will be on and Game Proper

November 26, 2022 at 7AM and the game proper will start at 10AM

Kids 1,2,3, U15 and U17

November 27, 2022 at 7AM and the game proper will start at 10AM

Junior- GR, FS, FW and Senior- GR, FS and FW

The schedule of the event proper and the matches shall be released once the bracket has been completed.

The host, City of Santa Rosa, Laguna will cover the free school billeting and transportation. billeting to competition venue will be provided, For the other participants from a far that will be arriving from the airport local or international flights as well as from the bus station will be entitled for the free provided transportation by the host city of Santa Rosa, Laguna.

Competition fee is 1,000.00 pesos per participant for Wrestling.

- **Ground Rules**

- The UWW International rules, which all of our coaches are familiar with, will be strictly observed – expect for a few exceptions stipulated herein.
- Each club is allowed to have two (2) participants per weight category in the event, but not allowed for double entry for each style.
- All LGU teams must submit their final entries on November 15, 2022 prior to the event together with **entry form** and **waiver for minor age participants** and shall be sent via email to tumasischoy@gmail.com or you may send messages through this mobile number **0927681 3685**. You can also send entries and other forms through Facebook account: **MELCHOR TUMASIS**.
- We will be also using the new and updated rules of the UWW in this event.
- No gold medal will be given to one entry in a weight class; there must always be 2 or more entries per weight class for its competition to be officially held, and its winner to be awarded accordingly.

In cases of such lone entries, the technical officials in consultation with the concerned coaches shall assign the particular athletes to be in a higher weight class where they will compete with the other participants.

The technical officials, as much as possible, shall see to it that a wrestler will compete in other weight class that is only one category higher than his/her actual weight class – to avoid playing against who is /are two weight classes heavier for **safety reason**.

- Each participant is allowed only 30 minutes to make weight after he / she is first called to officially weigh – in the scale.
- Each participant is required to wear competition uniform upon entering the mats.
- Participants must bring proof of age, e.g **birth certificate, passport; school I. D's,** and **any official or government I.D,** rest assured we will follow the **DATA PRIVACY ACT RA 10173 ACT 2012**